



Kraft Philadelphia Cream Cheese
8 oz brick, Selected Varieties

3/\$5



Devour or Smart Made Entrees
8-12.5 oz Devour or 9-10 oz Smart Made, Selected Varieties

\$2.99



Oscar Mayer Sliced Ham or Turkey Breast
8 oz pkg, Selected Varieties

2/\$4



Oscar Mayer Lunchables
6-10.7 oz pkg, Selected Varieties

2/\$5



Oscar Mayer Selects Sausage
12-13 oz pkg, Selected Varieties

\$2.99



Oscar Mayer Deli Fresh Lunchmeat
16 oz pkg, Selected Varieties

\$4.99



Maxwell House or Yuban Coffee
24.5-34.5 oz can or 12 ct box K-Cup Pods, Selected Varieties

\$6.49



Gevalla Coffee
12 oz bag or 67-72 ct box K-Cup Pods, Selected Varieties

\$6.49

MP15 CLR 0201_01_MP15_01_BK

Kraft Hockeyville

YOUR COMMUNITY COULD WIN \$150,000 IN ARENA UPGRADES AND HOST AN NHL® PRE-SEASON GAME

KRAFTHOCKEYVILLE.COM

NO PURCHASE NECESSARY. Open to legal residents of the 50 United States and D.C., 13 years old and older. Enter contest by 11:59pm ET on 1/30/13. Odds 47:1 to 425:1. Void where prohibited. Visit www.krafthockeyville.com for Official Rules and to enter. Sponsor: Kraft Heinz Foods Company. © NHL. © NHLPA

\$2.69

Kraft American Singles
12 oz pkg.
Selected Varieties



\$2.99

Cracker Barrel Cheese
6-8 oz pkg.
Selected Varieties



\$2.99

Kraft Deluxe & Velveta Macaroni & Cheese Dinner
5.6-14 oz. bot.
Selected Varieties



\$2.99

Planters® Dry Roasted or Cocktail Peanuts
16 oz pkg.
Selected Varieties



2/\$4

Kraft Mayonnaise
22 oz squeeze bot or 30 oz jar.
Selected Varieties



2/\$5

When you buy any TWO (2)

KRAFT MIRACLE WHIP Dressing
122 oz squeeze bot or 30 oz jar.
8 Selected Varieties



SAVE \$1.00

on any tuna when you buy any TWO (2)

KRAFT Mayo or MIRACLE WHIP Dressing
(22-32 oz.)



\$2.88

Kraft Natural Cheese Slices
7-8 oz pkg.
Selected Varieties



\$4.69

Kraft Twist or String Cheese
9-12 oz pkg.
Selected Varieties



2/\$5

Kraft Velveta Cheesy Bowls or Cheesy Skillets Dinner Kit
9 oz Dinner Bowls or 7.5-8.6 oz Dinner Kit.
Selected Varieties



2/\$3

Kraft Pourable Dressing
14-16 oz bot.
Selected Varieties



2/\$5

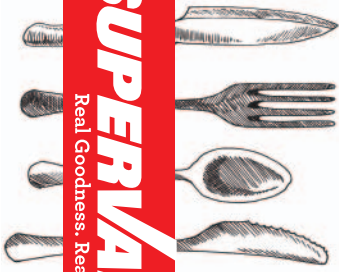
Classico Pasta Sauce
16-24 oz jar.
Selected Varieties



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SUPERVALU
Real Goodness. Real Value.



Prices Effective March 5 - March 11, 2017



Pork Shoulder Roast **\$1.49^{LB}**
Fresh, Bone-In



85% Lean Ground Beef **\$2.99^{LB}**
Fresh Ground Beef Family Pack

Produce Specials



\$1.99^{EA}
Jumbo Cantaloupe
Vine Ripe



\$4.29^{EA}
Halos Clementines
3 lb bag



FROM THE DELI!

\$4.99^{LB}
Boneless Chicken Wings
Deli Fresh, Selected Varieties



3/\$5
Hot or Lean Pockets
6.5-9.3 oz box, Selected Varieties



2/\$4
Kraft Chunk or Shredded Cheese
6-8 oz pkg, Selected Varieties



10/\$10
Chobani Greek Yogurt
5.3 oz cup, Selected Varieties



2/\$4.44
Ore Ida Potatoes
16-32 oz pkg, Selected Varieties



\$1.99
Xtra Laundry Detergent
75 oz btl, Selected Varieties



\$3.99
Essential Everyday Basic Bath Tissue or Paper Towels
6-12 Rolls



4/\$10
Kellogg's Pop-Tarts or Cereal
12 ct box Pop-Tarts, 14.3-18 oz Mini-Wheats, 15 oz Frosted Flakes or 10.5-18.7 oz Raisin Bran, Selected Varieties

PLU:1229 REDEEMABLE COUPON VALID: 3/5/17-3/11/17 RV0300

Buy 4 Kellogg's Cereals or 12 ct Pop-Tarts and SAVE \$3⁰⁰ On Milk



RETAILER: Return to SUPERVALU RETAIL ACCOUNTING, 101 Jefferson Ave. So., Hopkins, MN 55343.

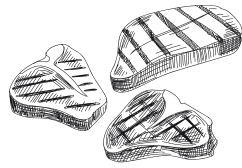
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GOOD ONLY AT SUPERVALU STORES



012290

FRESH MEATS



Angus Farms
Boneless Arm
Cut Roast
USDA Choice Angus Beef

\$3.49^{LB}



Angus Farms
Boneless
Arm Steak
USDA Choice Angus Beef

\$3.69^{LB}

See eel



\$3.99^{LB}
Essential Everyday
Boneless Quarter Ham
Pre-sliced



2/\$6
Hillshire Farm
Smoked Sausage
or Polska Kielbasa
12-14 oz pkg, Selected Varieties



\$8.99
Cloverdale Tangy
Summer Sausage
28 oz stick



\$4.99
Essential Everyday
Meatballs
20-24 oz pkg



\$2.29
Essential Everyday
Braunschweiger
12 oz pkg



\$4.99
Tyson
Chicken Nuggets,
Tenders or Patties
20.5-32 oz pkg, Selected Varieties



\$1.19
Shoppers Value
Meat Franks
12 oz pkg



5/\$5
Shoppers Value
Sandwiches
5-5.7 oz pkg, Selected Varieties



3/\$4
Bar S
Franks or Sliced
Bologna
16 oz pkg, Selected Varieties



\$5.99
Arctic Shores
Cooked Shrimp
12 oz bag, 61/70 ct, Tail-On



\$3.99
Olsen's Herring
Cutlets
In Wine Sauce
16 oz pail



\$4.99
Arctic Shores Pink
Salmon Fillets
16 oz pkg



\$4.99
Arctic Shores
Cod Fillets
16 oz pkg



\$4.99
AquaStar
EZ Peel Raw Shrimp
16 oz pkg, 51-60 ct



\$4.99
Arctic Shores Jumbo
Butterfly Shrimp
9 oz pkg

See eel

FRESH MEATS



pork

\$1.79^{LB}

**Pork
Shoulder Steak**
Fresh, Lean and Meaty



pork

\$1.99^{LB}

**Boneless
Pork Country
Style Ribs**
Fresh



3/\$4

**Hormel
Little Sizzlers
Pork Sausage Links**
12 oz pkg, Selected Varieties

\$8.99

**Gold'n Plump
Chicken Thighs
or Breast Fillets**
38-53.6 oz pkg, Family Pack,
Boneless Skinless

See

See

Bakery



ITEMS MAY
NOT BE
AVAILABLE IN
ALL STORES



\$1.99

**Kaiser
or Hoagie Rolls**
6 ct pkg, Bakery Fresh



\$1.99

**Bakery Fresh
Donut Holes**
18-24 ct pkg, Selected Varieties



**Bakery Fresh
Cupcakes**
6 ct pkg,
Selected Varieties

\$2.99



**Sliced
Loaf Cake**
16 oz pkg,
Selected Varieties

\$3.49

FRESH DELI



ITEMS MAY
NOT BE
AVAILABLE IN
ALL STORES



\$5.99^{LB}

Hard Salami
Deli Fresh,
Selected Varieties



**Pepper Jack
Cheese**
Sliced Fresh in our Deli

\$5.49^{LB}



**Mrs. Gerry's
Coleslaw or
Potato Salad**
14-16 oz pkg,
Deli Fresh

\$2.49



**Snack Factory
Pretzel Crisps**
14 oz pkg,
Selected Varieties

\$4.99



**Hormel
Party Trays**
1.75 lb pkg,
Selected Varieties

\$14.99

HOUSEHOLD HELPERS



\$1.69

Essential Everyday
Facial Tissues
3 pack/210 ct boxes



2/\$5

Essential Everyday
Party Plates or Bowls
15-22 ct pkg, Selected Varieties



2/\$4

Essential Everyday
Reclosable Snack
or Sandwich Bags
100 ct box, Selected Varieties



\$6.99

Duracell Coppertop
or Quantum Batteries
6-8 ct pkg,
Selected Varieties

HEALTH & BEAUTY



\$7.99

Boost
Original Complete
Nutritional Drink
6 pack/8 oz btl,
Selected Varieties



2/\$7

Herbal Essences
Shampoo
or Conditioner
10.1 oz btl, Selected Varieties

\$9.99

Claritin
Allergy Relief
10 ct box or 4 oz btl,
Selected Varieties

\$8.99

Gillette Daisy
or Sensor2
Disposable Razors
10-13 ct pkg,
Selected Varieties

MANUFACTURER'S COUPON

VALID 3/5/17-3/11/17 | RV0300

SAVE \$3.00

OFF ONE AmeriGas® Propane Tank Exchange or Purchase

LIMIT ONE (1) COUPON PER PURCHASE OF SPECIFIED PRODUCT AND QUANTITY STATED. NOT TO BE COMBINED WITH ANY OTHER COUPONS. LIMIT OF TWO (2) IDENTICAL COUPONS IN SAME SHOPPING TRIP. Void if expired, reproduced, altered, copied, sold, purchased, transferred, or exchanged to any person, firm, or group prior to store redemption, or where prohibited or restricted by law. Any other use constitutes fraud. Consumer: You pay any sales tax. Retailer: Amerigas will reimburse you for the face value of this coupon plus 8¢ handling if submitted in accordance with Amerigas Coupon Redemption Policy (available upon request). Mail coupons to: Inmar Dept. #64140, Amerigas Partners, L.P., 1 Fawcett Drive, Del Rio, TX 78840. Cash value 1/100¢. No cash back if coupon value exceeds selling price. Valid only in the USA.



www.amerigas.com

0641409-150016



PET CORNER



\$1.99

Essential Everyday
Biscuits Premium
Dog Treats
24 oz box, Selected Varieties



\$2.69

Essential Everyday
Wild Bird Food
5 lb bag

FROZEN



\$3.99

Gorton's Fish Sticks or Fillets
15.2-24.5 oz pkg, Selected Varieties



\$3.79

Wild Harvest Veggie Burgers
10 oz pkg, Selected Varieties



\$2.99

Kemps Ice Cream or Sherbet
54-56 oz pkg, Selected Varieties



\$5.99

Brew Pub Pizza
22.75-30.75 oz pkg, Selected Varieties



3/\$6

Kellogg's Eggo Waffles
8-10 ct box, Selected Varieties

PLU:1233 REDEEMABLE COUPON VALID: 3/5/17-3/11/17 RV0300

Buy (3) 8-10 ct Eggo Waffles and get \$3.00 OFF Frozen Fruit

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2/\$5

Reames Egg Noodles
12 oz pkg



\$3.99

Essential Everyday White Bread Dough
5 pack/1 lb loaves



\$2.99

Essential Everyday Red Raspberries
12 oz pkg



\$1.69

Essential Everyday Sliced Strawberries
9 oz bowl



\$2.99

Stone Ridge Creamery Krunch or Ice Cream Bars
12 ct box, Selected Varieties



DAIRY



\$2.99

Minute Maid Premium Orange Juice
59 oz ctn, Selected Varieties



\$3.49

Essential Everyday Butter Quarters
1 lb pkg, Salted or Unsalted



\$3.99

Dannon Greek Yogurt or Danimal Squeezables Lowfat Yogurt Pouches
4 pack/5.3 oz cups or 4 pack/4 oz pouches, Selected Varieties



3/\$5

Dean's Dip
12-16 oz ctn, Selected Varieties



\$2.69

Cruz Burrito Style Flour Tortillas
8 ct pkg, 10 inch



\$1.89

Essential Everyday Cinnamon or Crescent Rolls
8-12.4 oz tube, Selected Varieties



\$1.79

Essential Everyday Whipped Topping
6.5 oz can



2/\$5

Kemps Cottage Cheese
16 oz ctn, Selected Varieties



2/\$4

Kemps Sour Cream or Mid-American Farms Top The Tater
12-16 oz Kemps or 12 oz Mid-American, Selected Varieties

Grocery savings down every aisle!



2/\$4
Heinz Ketchup
20 oz btl



99¢
Chicken of the Sea
Pink Salmon, Premium
Light Tuna or Chunk
White Albacore Tuna
2.5 oz pouch or 5 oz can



3/\$4
Francesco Rinaldi
Pasta Sauce
23.5-24 oz jar, Selected Varieties



5/\$4
Essential Everyday
Tomatoes
14.5-15 oz can, Selected Varieties



5/\$4
Essential Everyday
Kidney, Chili
or Black Beans
15 oz can, Selected Varieties



3/\$2
Essential Everyday
Mushrooms
4 oz can, Selected Varieties



3/\$4
Bear Creek
Hearty Soup Bowl
1.9 oz pkg,
Selected Varieties



99¢
Essential Everyday
Sloppy Joe Sauce
15 oz can



\$2.99
Spam
12 oz can,
Selected Varieties



99¢
Hungry Jack
Specialty Potatoes
6.1 oz box,
Selected Varieties



99¢
Idaho Spuds
Mashed Potatoes
3.74 oz pkg,
Selected Varieties



2/\$1

Essential Everyday
Seasoning Mix
or Gravy Mix
.75-1.5 oz env,
Selected Varieties



\$2.49
Essential Everyday
White Instant Rice
28 oz box



2/\$4

Creamette Lasagna,
Manicotti
or Jumbo Shells
8-16 oz box,
Selected Varieties



\$1.79
No Yolks
or Creamette
Egg Noodles
8-12 oz pkg,
Selected Varieties



2/\$3
Essential Everyday
Couscous Mix
5.8-10 oz pkg,
Selected Varieties



99¢
Essential Everyday
Sliced Green Olives,
Sliced or Chopped
Ripe Olives
5.75 oz jar
or 2.25-4.25 oz can



2/\$4.44
Ortega Taco
Dinner Kit
8.7-15.88 oz box,
Selected Varieties



2/\$4.44
Ortega
Original Taco Sauce
16 oz btl,
Selected Varieties



2/\$4.44
Ortega
3-Pack
Original Taco
Seasoning Mix
3.75 oz box



4/\$5
New York
Texas Toast
Croutons
4.5-5 oz bag,
Selected Varieties



\$1.99
Wild Harvest
Cooking Stock
or Organic Broth
32 oz box,
Selected Varieties



\$1.49
Essential Everyday
Chili Powder
2.5 oz ctn

TASTY MEALS GREAT DEALS!

Sautéed Cod

Active Time: 20 min Total Time: 20 min Servings: 2

INGREDIENTS

- 8 oz Arctic Shores® Frozen Cod Fillets, thawed
- 1 teaspoon Italian seasoning, divided
- 2 tablespoons olive oil
- ¼ cup crispy Panko style plain bread crumbs
- 1 plum tomato, seeded and chopped
- 1 tablespoon chopped Italian flat-leaf parsley
- 2 teaspoons capers, rinsed
- 1 teaspoon chopped garlic

DIRECTIONS

- Sprinkle fish with ½ teaspoon Italian seasonings; salt and pepper to taste.
- In medium skillet, heat oil over medium heat. Add fish; cook, turning once, until cooked through and fish flakes easily with a fork (about 10 minutes per inch of thickness).
- Remove fish from pan; keep warm. Add bread crumbs, tomatoes, parsley, capers, garlic and remaining ½ teaspoon Italian seasonings to pan; salt and pepper to taste. Sauté until warmed through. Serve over fish.



Grocery savings down every aisle!



99¢
 Super Chill
 Pop
 2 ltr btl,
 Selected Varieties



99¢
 Essential
 Everyday
 Soup & Oyster
 Crackers
 9 oz bag



2/\$7
 Frito-Lay
 Party Size!
 Snacks
 7-20 oz bag,
 Selected Varieties



2/\$6
 Kellogg's
 Nutri Grain
 Breakfast Bars
 7.4-10.4 oz box,
 Selected Varieties



2/\$5
 Old Dutch
 Pretzels, Puffcorn
 or Dutch Crunch
 Kettle Chips
 12-15 oz Pretzels,
 7-9 oz Puffcorn
 or 8-9 oz Kettle Chips,
 Selected Varieties



2/\$7
 Kashi Bars
 7-8.4 oz box,
 Selected Varieties



\$2.29
 Quaker Oats
 18 oz cnstr,
 Old Fashioned
 or Quick-1 Minute

PLU:1232 VALID 3/5/17-3/11/17 RV0100

2/\$6
 with coupon
 Hershey's Classic Bag
 Chocolate Candy
 10.5-15 oz bag, Selected Varieties

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\$5.99
 Carnation
 Breakfast
 Essentials
 Nutritional Drink
 6 pack/8 oz btl,
 Selected Varieties



\$2.99
 Essential
 Everyday
 Strawberry
 Preserves
 32 oz jar



\$1.79
 Essential
 Everyday
 Peanut Butter
 16-18 oz jar,
 Selected Varieties



\$3.49
 Lipton
 Tea Bags
 100 ct box



\$2.99
 Juicy Juice
 100% Juice
 48-64 oz btl,
 Selected Varieties



2/\$4
 Essential
 Everyday
 Cranberry Juice
 Cocktail
 64 oz btl, Selected Varieties



\$1.99
 Essential
 Everyday
 Tomato Juice
 64 oz btl



\$2.99
 Fisher Cashews
 or Mixed Nuts
 5-5.5 oz pkg,
 Selected Varieties



2/\$4
 Jolly Time
 Microwave
 Popcorn
 4.8-10.5 oz box,
 Selected Varieties



\$3.29
 Nabisco Honey
 Maid Grahams
 or Newtoms
 Fruit Chewy Cookies
 7-14.4 oz Honey Maid
 or 10 oz Newtoms,
 Selected Varieties



2/\$7
 Frito-Lay Tostitos
 Salsa or Queso
 23-24 oz jar,
 Selected Varieties



\$6.99
 Frito-Lay
 20 Count
 Multipack Snacks
 10-20 oz pkg,
 Selected Varieties



2/\$4
 Wild Harvest
 Corn Tortilla
 Chips
 9 oz bag, Selected Varieties

PRODUCE  FRESH FROM THE FIELDS



\$2.49^{EA}

Broccoli
Fresh



4/\$5

Yellow, Orange or
Red Bell Peppers
Sweet Crunchy



2/\$3

Fresh Express
Spinach or Salads
8-11 oz bag, Selected Varieties



99[¢]_{LB}

Premium
Gala Apples
Crisp

See

See



\$1.99^{EA}
English Cucumbers
Seedless



\$1.99^{EA}
Grape
Tomatoes
1 pint



\$2.59^{EA}
Mann's
Sugar Snap Peas
8 oz bag, Crisp, Fresh



\$6.99^{EA}
Eat Smart
Petite Party Tray With Dip
22 oz pkg



\$7.99^{EA}
Rose and
Alstroemeria Bouquet



\$7.99^{EA}
Assorted
Blooming in Gift Bag
4 inch

MELT-IN-YOUR-MOUTH MEAT LOAF

Prep Time : 15 min | Cook Time: 5 hr 15 min
Ready in: 5 hr 40 min

Ingredients

- 2 eggs
- 3/4 cup milk
- 2/3 cup seasoned bread crumbs
- 2 teaspoons dried minced onion
- 1 teaspoon salt
- 1/2 teaspoon rubbed sage
- 1/2 cup sliced fresh mushrooms
- 1 1/2 pounds ground beef
- 1/4 cup ketchup
- 2 tablespoons brown sugar
- 1 teaspoon ground mustard
- 1/2 teaspoon Worcestershire sauce



Directions

1. Combine eggs, milk, bread crumbs, onion, salt, sage, and mushrooms in a large bowl. Crumble ground beef over mixture and stir well to combine. Shape into a round loaf; place in a 5-quart slow cooker. Cover and cook on Low until a meat thermometer reads 160 degrees F (71 degrees C), 5 to 6 hours.
2. Whisk ketchup, brown sugar, mustard, and Worcestershire sauce in a small bowl; spoon sauce over meat loaf. Return to slow cooker and cook on Low until heated through, about 15 minutes. Let stand 10 minutes before cutting.



Coca-Cola

PRODUCTS

ON SALE

THIS WEEK AT
OUR STORE!

VALUE & VARIETY
at a price you can afford

